

# Paediatric First Aid Course Dublin, Cork, Carlow and Kilkenny

The Tots2Teens One Day Paediatric First Aid course held in venues in Dublin, Cork, Carlow and Kilkenny will teach you how to apply life saving first aid skills to any baby or child in an emergency. The course is suitable for parents and carers of babies and young children as well as childcare workers.

Note: This is not a FETAC Occupational First Aid course.

A certificate of attendance will be issued on completion of the course. This certificate is evidence of Paediatric First Aid training. The CPR element of the course is accredited by the Irish Heart Foundation. Tots2Teens instructors are all highly qualified, practical professionals ensuring that you are trained to very high standards.

## Topics covered

### 1. Approach to an Accident Assessing the Area

- Making the Area Safe
- Giving Emergency Aid
- Getting Help
- Calling an Ambulance
- Intro to Bandaging

### 2. Disorders of Breathing & C.P.R. How do we Breathe?

- Problems with Breathing
- How does your Heart Beat?
- Problems with your Heart
- What is CPR?
- Assessing the Casualty
- 1 & 2 Person CPR
- Infant CPR
- Toddler CPR
- Choking (Various ages Where Necessary)

### 3. Wounds, Bleeding & Trauma Internal & External Bleeding

- Treatment of Internal Bleeding
- Types of Wounds
- Treatment of External Bleeding
- Various Bandaging Techniques

### 4. Fractures & Broken Bones The Skeleton

- Types of Fractures
- Recognition of a Fracture
- Treatment of Various Fractures
- Soft Tissue Injuries (Sprains & Strains)
- Treatment of Sprains & Strains

### 5. Burns & Scalds What is a Burn or a Scald

- Types of Burns
- Treatment for General Burns
- Electrical Burns
- Chemical Burns
- Clothing on Fire

### 6. Medical Emergencies

- Asthma
- Epilepsy
- Diabetes
- Poisoning & Overdoses
- Meningitis
- Croup

## Time

Registration is 9am for a 9:30 start, classes typically finish before 4.30pm subject to any questions participants may have.

## Course Fees

Our One Day Paediatric First Aid Course costs €140 per person or €230 per couple (bookings 3+ €110 per person) which includes morning tea/coffee, course notes and certificate of attendance.

## Bookings

Contact Tots 2 Teens on [info@tots2teens.ie](mailto:info@tots2teens.ie) or visit their website for more information on their Paediatric First Aid courses.

Get €40 off for mentioning Careway Childcare when booking.